

## MARCH 2023 NEWSLETTER

This newsletter is very much overdue and there has just been so much going on that we want to share with you. We have had skaters competing at international competitions and ISU Championships, a number of skater, coach and official's development activities and we have had our NZIFSA AGM. There are also lots of development activities on the immediate horizon, and most excitingly, as we write this, we have our amazing ice dance couple getting ready to compete at the ISU World Championships.

### OUR ICE DANCE COUPLE AT ISU WORLDS

A special mention to our senior ice dance couple who have been competing at the ISU World Figure Skating Championships. Qualifying for Worlds is an outstanding achievement in itself, and I think we can all be very proud of what they have achieved. Charlotte and Ricky managed to place 24<sup>th</sup> in the Rhythm Dance. Unfortunately, only the top 20 placed couples progress to the Free Dance, so they will understandably be disappointed that they didn't manage to progress.

If you weren't watching them live, we do encourage you to take the time to watch them on the ISU YouTube Channel

<https://www.youtube.com/user/SkatingISU>



Ricky, Charlotte and Kaho in Saitama, Japan

### ISU World Figure Skating Championships, Saitama, Japan, 20 - 26 March

Senior Dance Charlotte Lafond-Fournier & Ricky Kam RD 24<sup>th</sup>/33  
Team Leader Kaho Hirafune

### OTHER RECENT INTERNATIONAL COMPETITIONS

What an amazing month February was in terms of having our skaters out there on the World stage. It was certainly really exciting to have skaters at the ISU Four Continents Championships in Women, Men and Ice Dance events, and to have a skater competing at Junior Worlds. We asked a couple of the skaters to provide some feedback on their experiences and we share this with you here. A special thank you to these skaters for being candid around their experiences. Thank you also to the coaches and team leaders for their roles in supporting our skaters, and our international officials for making themselves available.

### Bavarian Open 2023, Oberstdorf, Germany, 31 January - 5 February 2023

Senior Dance Isabelle Guise & Ethan Alday  
RD 12<sup>th</sup>/12 FD 11<sup>th</sup>/11 Overall 11<sup>th</sup>/11

**Jegrivag Cup, Miskolc, Hungary 4 - 5 February 2023 – Cancelled**

Senior Dance Isabelle Guise & Ethan Alday

**ISU Four Continents Figure Skating Championships, Colorado Springs, USA, 7 - 10 February**

Senior Women	Jojo Hong	SP 11 <sup>th</sup> /23	FS 12 <sup>th</sup> /23	Overall 12 <sup>th</sup> /23
Senior Men	Douglas Gerber	SP 21 <sup>st</sup> /22	FS 21 <sup>st</sup> /22	Overall 21 <sup>st</sup> /22
Senior Dance	Charlotte Lafond-Fournier & Ricky Kam	RD 10 <sup>th</sup> /12	FD 10 <sup>th</sup> /12	Overall 10 <sup>th</sup> /12
Team Leader	Isabella Bardua			
Judge	Sue Petricevic			
Judge	Sandra Williamson-Leadley			



Ricky Kam, Doug Gerber, Jojo Hong and Charlotte Lafond-Fournier at Four Continents

**From Doug Gerber on his experience at his first big international event**

Coming into this event, I felt more than ready. Back in Adelaide I was training as I would normally running programs training sections as I would coming into competing preparation - there was no pressure to win, no pressure to grab any scores (of course I wanted the worlds score and so did Richard but it wasn't our priority since this is my first big international event, but we both know I am more than capable of getting it).

We got into Colorado about 2 days before so I had enough time to adjust to the altitude, time zone etc. All of that was fine, but in the lead up for my short program - internally without really noticing, I wasn't focused on my training - I was looking around noticing so many different things such as "omg so many people are gonna be up on those stands" "look! Richard, there's Junhwa Cha". I wasn't exactly mind on the game at this point which was leading me to making errors I don't normally make. I was making myself inconsistent and leaving me with no confidence in myself. Not only this but I wanted the Worlds score and I kept on telling myself I have to get it even though this wasn't the goal from the event, but I know that if I get it - I

would feel like I achieved something from going to this event. But stressing myself out, not focusing automatically lead to me making mistakes in the short program.

Going into the Free Program I was angry with myself for making errors in the short program that I don't normally make, but I was determined to show people I was more than capable of doing basic triples and not messing up little things in the spins and steps. The practice was great, I was feeling more myself and I was in the zone. Coming into the free skate for the comp I was a little nervous because I had so many "what ifs" going through my brain and I was losing a little bit of focus, I managed to pull myself together a little bit and had a better free skate - still nothing close to what I am capable of doing but in this program it was less mental but more physical because of the altitude, it started to hit me half way through the program which is where I was more focused on my stamina and breathing, more than the actual jump technique which is where errors were made.

Putting all of this behind me, I definitely have learned a lot from this experience. I now feel as though I know what I'm doing in a way I learned a lot more about myself and what I need to do to put myself in the correct head space.

Living with the New Zealand team at this event has been so much fun, I got to learn more about my team mates that I don't get to see very often which was nice.

A massive thank you to Isabella for all the help she gave me at this competition she was on top of it, she knew all the times of where I had to be, what time I need to go eat breakfast, what time I needed to be at the rink, what bus to take etc - any questions I had she was asking people for me, when I needed a massage, if I needed to be taped up, if I need to see the physio she organised the times for me.

### **Bellu Memorial, Bucharest, Romania, 22-26 February 2023**

Senior Women	Jojo Hong	SP 6 <sup>th</sup> /18	FS 4 <sup>th</sup> /18	Overall 4 <sup>th</sup> /18
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The Bellu Memorial Trophy was the last opportunity for Jojo to attain the FS score required to compete at the 2023 ISU World Championships. While Jojo wasn't successful in attaining the score, she certainly did us proud.

### **ISU Junior World Figure Skating Championships, Calgary, Canada, 27 February - 5 March**

Junior Men	Dwayne Li	SP 26 <sup>th</sup> /42
Coach & Unfunded TL	Bess Cao	

This was Dwayne third ever international competition and by far the biggest event he has taken part in. At the ISU Championships, for the Mens and Women's divisions, skaters need to place in the top 24 in the Short Program to be able to progress on to the FreeSkate. This year saw a particularly strong field as member federations are also competing to earn placed at the Youth Olympics. Dwyane's 26<sup>th</sup> placing is even more impressive given the level of competition at this particular event. While Dwayne did not place highly enough to progress on to the Free, congratulations are definitely in order.

The following is from Dwayne Li

Junior Worlds was quite the experience for me. For the past two months training for me has been going smoothly. There was no pressure of ranking for me - I was there to experience the atmosphere, although deep down I wanted to qualify for the Youth Olympics in 2024.

Bess and I arrived in Calgary with plenty of time before the first practice session. My initial thought after getting on the shuttle bus to the hotel was the absurd amount of snow. Everywhere was covered in white, which stayed that way for the whole time when we were there. For the first couple of days we walked around the downtown area, and got to try some amazing cuisine.

Before the short program, practice has been going extremely well. I was able to get used to the 5 star ice quality there, and I was able to train with some skaters with a lot of international experience, such as Chen Yudong (I actually got to know him pretty well). With all the huge quads and triple axels being attempted around me, I stayed in my zone, focused on my own training, and tried to adapt to the competition environment as much as possible. On the first few days I was still somewhat not used to the environment because of the constant travels we have done that month, and because of the slight altitude and muscle pain. However with some help from the physiotherapy team there, I was able to perform much better.

I headed into the competition with a clear mind. Learning from past experiences I put my worries away and focused on enjoying the moment. Despite some mistakes, I was able to not crack under pressure and complete the rest of my short program without major errors. I was pretty happy with how I dealt with this

unexpected blunder. I was pretty certain that I would qualify for the freeskate, however I was met with a selection of very talented and well trained skaters, so I missed the free skate by a tiny margin.

I was able to watch the rest of the skaters compete in the free skate. It was very exciting to see them train and perform.

This competition definitely had many ups and downs. I have made new friends, experienced what a major international competition feels like, and gained a lot of experience. I really look forward to being able to compete at such a big event again.

Finally, I would like to thank NZIFSA for the ongoing support for our skating careers as well as all the support from everyone else. Thank you NZIFSA's efficient communication with the Junior World organizing committee for hotel rooms, transportations and small details when we were there. I would also like to express my appreciations to Bess, Gordon and Harrison for helping me prepare for ISU championships.



Bess Cao and Dwayne Li all dressed up and ready to mingle.

## UPCOMING INTERNATIONAL COMPETITIONS

### ISU International Adult Competition, Oberstdorf, Germany, 15-20 May

Bronze II Women Artistic & Freeskate	Victoria Marinova
Bronze IV Women Artistic & Freeskate	Sally Garelja
Bronze III Men Artistic & Freeskate	Alastair Christie
Silver II Women, Artistic & Freeskate	Olga Levien
Silver IV Women, Artistic & Freeskate	Tammy Cowan
Silver V Women, Artistic & Freeskate	Sue Hoseit

## OCEANIA INTERNATIONAL COMPETITION AND COACHES SEMINAR, AUCKLAND 15-19 MAY 2023

We are very pleased to be able to confirm that the ISU Development Commission have confirmed their support of this competition and the associated coaches seminar that we are co-hosting with our Australian neighbours.

The announcement is now available, and we will be contacting eligible NZIFSA skaters regarding their entries to this competition. Thank you all for your expressions of interest in taking part in this competition. Skater registration forms will be sent to International A and B team skaters.

The competition will be followed by a coach development seminar 18 & 19 May. We are very excited to announce that **Lorenzo Magri** is the Coach Moderator for this seminar. We will have more details about the coach development seminar very soon including the registration form.

We will be inviting some skaters taking part in the competition to be demonstrators for the coaches development seminar. Unfortunately it is unlikely that we will be able to include all those that are interested. We are working through the structure of the seminar with Lorenzo at present and that will determine how many demonstrators at which level, will be required.

## INTERCLUB COMPETITIONS

Skaters who have not been selected to the International A or B Team are able to take part in Interclub competitions in other countries. NZIFSA are currently working with Ice Skating Australia to get confirmation of which competitions will be announced as Interclub competitions. We expect to have this information for you very soon.

## FOUR CONTINENTS ADVANCED NOVICE WORKSHOP

In parallel with the ISU Four Continents Championships, U.S. Figure Skating, with the support of the ISU Development Commission, hosted a development workshop for Advanced Novice aged skaters.

Four Continents members were invited to send 1-2 girls and 1-2 boys, along with their coaches and a team official. The following group made up our team that went to this Development Workshop in Colorado Springs:



Caitlyn Paul, Stephanie Woodacre, Jazz Evangelou, Dwayne Li, Cara Tang and Bess Cao

- |                    |                             |
|--------------------|-----------------------------|
| Cara Tang          | Skater                      |
| Jazz Evangelou     | Skater                      |
| Dwayne Li          | Skater                      |
| Bess Cao           | Coach of Cara and Dwayne    |
| Stephanie Woodacre | Coach of Jazz               |
| Caitlyn Paul       | Team Leader / Team Official |

This was an amazing opportunity for young skaters to watch the top skaters train and compete, be coached by some outstanding international coaches, and to train alongside other outstanding young skaters. For coaches this was a great opportunity to get alongside some top coaches and develop some great networks.

### Cara Tang wrote the following:

This workshop was such an awesome experience. We met and learnt from incredible coaches from all around and met such friendly skaters. Everyone was so welcoming and we could definitely

feel the friendly competitive atmosphere constantly around us while training. Also, It really inspired us to watch the Four Continents Championships live and cheer on Team NZ. We all made so many friends from all across the world and really loved this experience.



## RECENT SKATER DEVELOPMENT ACTIVITIES

### Youth Interpretive camps in Auckland, Christchurch and Dunedin

Three really successful Youth Interpretive camps were held in February. We held camps in Christchurch and Dunedin on the 11 & 12 of February and a camp in Auckland on 18 & 19 February. From the feedback we have had the participants, skaters and coaches alike, all had a great time. The Christchurch camp was moderated by Michelle Russell and had 5 skaters and one coach take part. The Dunedin camp was led by Megan Kliegl with 10 skaters and 1 coach. In Auckland we had Dani Gebser and Gordon Rushton with 7 skaters and 2 coaches. What a great way to start the year off. We're looking forward to seeing more of these skaters on the ice this year.



## UPCOMING SKATER DEVELOPMENT ACTIVITIES

### **Singles Basic Novice to Senior camp, Auckland (Botany), 7-10 April**

We are incredibly pleased to have secured Peter Johansson as the international moderator, after Murphy had to withdraw from being the moderator for this event.



Peter Johansson is a former competitive figure skater. He is a four-time Swedish National Champion (1986 – 1990), He competed at five European Championships, four World Figure Skating Championships and competed in the 1988 Winter Olympic Games in Calgary, Canada. He currently lives and coaches in the US. He has coached many top-level skaters with US National medallists, skaters who have medalled at Junior and Senior Grand Prix events and World Champions, including 2007 World Junior Champion, Stephen Carriere. He was one of the coaches at the recent USFSA Advanced Novice Skater Development camp, held in conjunction with Four Continents Championships, that NZ skaters Dwayne Li, Cara Tang and Jazz Evangelou participated in.

We anticipate the camp will start early afternoon on Friday 7 April and will finish around 7:30pm on Monday 10 April. Participants from outside Auckland should plan to stay in Auckland on the Monday night.

#### ***Registration***

We have extended the registration deadline to **Tuesday 28 March**. All skaters must hold the correct test levels by the close of registrations. Skaters and coaches can register online at: <https://www.cognitofrms.com/NewZealandIceFigureSkatingAssociation/2023CampForBasicNoviceToSeniorSkaters>

#### ***Cost information:***

- \$100 for Basic & Intermediate Novice Grades - NZIFSA Development Squad Members
- \$200 for Basic & Intermediate Novice Grades - Any Other Skaters
- \$200 for Advanced Novice, Junior & Senior - NZIFSA Development Squad Members
- \$400 for Advanced Novice, Junior & Senior - Any Other Skaters
- \$100 for Level 2 – 4 Coaches

Skaters will be divided into the two groups, with different programmes designed to best meet their needs. Skaters may be moved between groups at the discretion of the Moderator.

### **Synchronized Skating camp, Auckland (Botany), 21-23 April**

We are looking forward to having Heather Paige lead this development camp in person this year. Heather is a Moderator/Mentor for the ISU SYS Technical Committee and Coach/Director of the Starlights SYS teams out of the Chicago area in the US.

#### ***Registration***

Registrations are due **by Thursday 6 April**. Skaters and coaches can register online at: <https://www.cognitofrms.com/NewZealandIceFigureSkatingAssociation/2023SynchronizedSkatingTrainingCamp>

**Cost information:**

\$60 for KiwiSkate, Elementary and Basic Novice team members

\$40 for Basic Novice Development Squad team members

\$120 for Advanced Novice, Junior and Senior team members

\$60 for Level 2 – 4 Coaches

Our apologies to the Basic Novice Development Squad teams for our oversight in not including a development squad fee originally.

**Singles Pre-Elementary, Elementary & Juvenile, Auckland (Botany) and Gore 29 & 30 April.**

We are pleased to confirm that we are holding two training camps for Pre Elementary, Elementary and Juvenile level skaters. Sarah MacGibbon has been appointed as the moderator for the camp in Gore and Mathieu Wilson will be the moderator to the camp in Auckland.

The following times are a guideline so that people can plan their travel. More detailed information will be provided closer to the time.

**Auckland (Botany), 29 & 30 April** (Saturday morning starting 6.00am and Sunday finishing midday)

**Gore, 29 & 30 April** (starting 2:30pm Saturday and finishing around 1.30pm on Sunday)

**Registration**

Registrations are due **by Friday 14 April**. Skaters and coaches can register online at:

<https://www.cognitofrms.com/NewZealandIceFigureSkatingAssociation/2023PreElementaryToJuvenileCampsAKLORGore>

**Cost information:**

\$50 for NZIFSA Development Squad Members

\$120 for all other skaters

Kiwiskate and Level 1 – 4 Coaches – Free

Once again, a special thank you to Fiona & Ross Haslemore at the **Charlton Motel** in Gore for sponsoring the accommodation for the coach moderator for the Camp in Gore.

**RECENT COACH DEVELOPMENT ACTIVITIES**

KiwiSkate coaching courses were held in Auckland and Dunedin 4<sup>th</sup> and 5<sup>th</sup> March with good numbers attending. There were 12 participants in Auckland and 18 in Dunedin. Kim Lewis was the moderator for the course in Auckland, and Rosie Armstrong for the Dunedin course.



Auckland Kiwiskate Course participants





Dunedin KiwiSkate Course participants

## UPCOMING COACH DEVELOPMENT ACTIVITIES

Due to low registration numbers and a shortage of moderators, the decision was made to cancel the Christchurch KiwiSkate Course that was planned for 1 & 2 April.

However, we are running a **Level 1** (previously Intro to Coaching) course using the ISU Global Coach Education Level 1 course materials. Eligible KiwiSkate coaches have been contacted and the first of the online modules gets underway Tuesday 28 March.

## RECENT OFFICIALS TRAINING ACTIVITIES

Our Officials Director, Michael Holtz, has been very busy finalising all the details for all the Officials training activities. Two online training activities have already been held:

- New Probationary and Tier 1 Officials - All Disciplines and Program Components - online session 11 & 12 March
- Referee training. All Disciplines - online sessions 18 March

Thank you to our moderators, Sandra Williamson-Leadley, Connor McIver and Michael Holtz for their delivery of these sessions.

## UPCOMING OFFICIALS TRAINING ACTIVITIES

We still have a number of officials training activities planned. Thank you to everyone who completed the expression of interest form for Officials and Coaches to indicate which Officials' training seminars they are interested in attending in 2023. If you have any questions regarding any of these, or you missed the deadline, please contact the Officials Director at [officials.director@nzifsa.org.nz](mailto:officials.director@nzifsa.org.nz).

- Singles & Pairs - Judge & Technical Seminar – Christchurch 29 & 30 April
- Synchronized & Ice Dance - Judge & Technical Seminar – Christchurch 6 & 7 May
- Data Operator/Replay Operator training alongside the above – Christchurch 6 & 7 May

**Coaches** are invited to attend the training seminars for professional development. This is a great opportunity to learn what happens behind the scenes and maybe even inspire new Tech Specialists. Coaches will be eligible for funding (as per the amounts in the Travel & Reimbursement Policy) to attend one of the Christchurch face-to-face seminars of their choice. Continuing Education Points can be gained as per the Coaches Accreditation Policy - Appendix C.

### **NZIFSA AGM – CHRISTCHURCH, SUNDAY 19 MARCH 2023**

The NZIFSA AGM was held in Christchurch on 19 March and was preceded by member forums. There were a number of positions up for election at the AGM and we received the following nominations.

- President (Julie Guise, Robyn Morris)
- Two Board Members (Kim Brown, Julie Guise, Robyn Morris, Paul Searancke, Mike Slater)
- Treasurer (Vanessa Anderson)
- Test & Competition Secretary (Ina Paul)
- Skater Development Director (Isabella Bardua, Brooke Tamepo)
- Coaching Director – no nominations received

In addition to these we received expressions of interest for some of the Board appointed roles. Thank you to all who have put their names forward to be considered for election or appointment.

Congratulations to our new President, Robyn Morris. Congratulations also to those who have been re-elected/appointed to their roles, and a special welcome to Kim Brown, Mike Slater and Brooke Tamepo.

Each year, at the AGM, elections are held for approximately half the positions that make up the NZIFSA. Which positions are elected each year is spelled out in the Constitution (which you can find at the top of the Rules & Regulations section of the NZIFSA website). In addition to the elected positions, the Board are responsible for the appointment of a number of Operations Group roles. These appointments were considered at the Board meeting the day after the AGM. Those that were elected at the 2023 AGM are indicated by an \* and those that were appointed by the Board are indicated by \*\*.

<b>Board</b>
Responsible for strategic planning, policy review and the prudent financial management of the Association.
President – Robyn Morris* Vice-President – Caitlyn Paul Board members – Kim Brown*, Mike Slater*, Laura Thompson
<b>Operations Group</b>
Responsible for the day to day operation of the Association. In addition to the more visible roles like the Secretary responding to communications, and the Treasurer keeping track of the finances, there are all sorts of other activities that take place in the background that make the organisation function. For example, the police checking of all our coaches, the oversight of the test results, and the grant applications to mention just a few.
CEO – Jeanette King

General Secretary – Mandi Gerber Treasurer – Vanessa Anderson* Test & Competition Secretary – Ina Paul* Anti-Doping Officer – Preeya Laud** Marketing & Promotions Officer – this position is currently vacant Child Protection Officer – Sheryl Squier** Grants Officer – Melissa Booth** Administrative Support Officer – this position is currently vacant Technical Support Officer – Alan Greenstreet Honorary Solicitor – Julian Airey
<b>Development Group</b>
Responsible for coordinating the development of officials, skaters, coaches and the Rules and Regulations.
Skater Development Director – Brooke Tamepo* Technical Director – Connor McIver Officials Director – Michael Holtz Coaching Director – Kim Lewis and Charlotte Van Uden** (1 year) High Performance Officer – Sandra Williamson-Leadley** (1 year)

The AGM is also an opportunity to recognise the significant ongoing voluntary contribution of those that keep the Association running. A special thank you to all our NZIFSA Office Bearers for their time and effort they put in. The AGM is also a chance to acknowledge the contribution of those that are stepping back from their roles.

Among those acknowledged were Sue Hoseit who had chosen not to seek re-election to the Board. Sue had been on the Board since 2015. The contributions of Rochelle Stansfield who resigned from the role of President in December 2022 having been in that role since April 2021; our Grants Officer, Sam Snoad, after eight years of doing an outstanding job of raising funds for NZIFSA; and Debbie Groenewegen, our Administrative Support Officer, who had been providing support to NZIFSA activities since April 2019, were all acknowledged and will be missed.

## **NZIFSA MEMBER FORUMS AT THE AGM**

The following two Member Forums were planned for prior to the AGM.

- 1) How do we foster meaningful consultation? A lack of engagement and concerns that responses are not taken into consideration are concerns that have been raised in member forums and meetings with club representatives.
- 2) Member Protection. How do we promote positive behaviour and values at a personal and organisation level to ensure that members can take part free from harassment, discrimination, abuse and other harmful behaviours?

We ended up focussing all of our attention on how we can foster meaningful consultation and did not get to the Member Protection topic. The suggestions as to how we might improve our consultation and communication with the various stakeholder groups and on various topics have all been collated and we will be working through how best we can action them. We will have more information on this in the near future. We will also pick up the Member Protection conversation.

## PROVISIONAL SCHEDULE CLUCAS CUP, AUCKLAND 3 & 4 JUNE 2023

Note the following is a provisional schedule for the 2023 Clucas Cup be held at Paradise Botany in Auckland 3 & 4 June 2023. Every effort will be made to hold the events on the days listed below, however, the order of the events will change from that listed below.

### Saturday 3 June

- Advanced Novice Under 12, Girls & Boys SP
- Junior Under 12, Women & Men SP
- Senior Women & Men SP
- Ice Dance PS and RD (all grades)
- Synchro up to and including Advanced Novice FS (includes Mixed Age)

### Sunday 4 June

- Basic Novice Under 12, Girls & Boys FS
- Intermediate Novice Under 12, Girls & Boys FS
- Advanced Novice Under 12, Girls & Boys FS
- Junior Under 12, Women & Men FS
- Senior Women & Men FS
- Ice Dance FD (all grades)

Official practices are expected to be held each morning with competition in the afternoon/evening as per the draft outline below. Unfortunately there is currently no ice time available for unofficial practices. The times outlined below are indicative only.

Days/Dates	Official Practice	Competition
Saturday 7 October	6:00am – 8:45am 11:15am – 12:15pm	4:45pm – 8:15pm
Sunday 8 October	6:00am – 10:30am	4:15pm – 9:00pm

## PROVISIONAL SCHEDULE FOR OUR 2023 NATIONAL CHAMPIONSHIPS

Note the following is a provisional schedule for the 2023 New Zealand Ice Figure Skating Championships to be held at Dunedin Ice Stadium Saturday 7 – Tuesday 10 October. Every effort will be made to hold the events on the days listed below, however, the order of the events will change from that listed below.

### Friday 6 October

- Unofficial practices

### Saturday 7 October

- Opening Ceremony
- Juvenile Under 12, Girls & Boys FS
- Youth Interpretive (all grades)
- Adult Interpretive (all grades)
- Pairs SP (all grades)
- Waltzing Trophy
- Norman Wright Dancing Trophy

### Sunday 8 October

Basic Novice Under 12, Girls & Boys FS  
Intermediate Novice Under 12, Girls & Boys FS  
Synchro up to and including Advanced Novice FS (includes Adults)

### Monday 9 October

Advanced Novice Under 12, Girls & Boys SP  
Junior Under 12, Women & Men SP  
Senior Women & Men SP  
Adult Freeskate (all grades)  
Pairs FS (all grades)  
Ice Dance RD and PD (all grades)  
Junior & Senior Synchro SP

### Tuesday 10 October

Advanced Novice Under 12, Girls & Boys FS  
Junior Under 12, Women & Men FS  
Senior Women & Men FS  
Ice Dance FD (all grades)  
Junior & Senior Synchro FS

Official practices are expected to be held each morning with competition in the afternoon/evening as per the draft outline below. Ice time will be made available for unofficial practices. The times outlined below are indicative only.

Days/Dates	Unofficial Practice	Official Practice	Competition
Friday 6 October	4:00pm – 7:00pm		
Saturday 7 October	6:00am – 7:30am	7:30am – 12:00pm	4:00pm – 8:30pm
Sunday 8 October	6:00am – 7:00am	7:00am – 12:00pm	4:00pm – 8:30pm
Monday 9 October		7:00am – 1:30pm	1:30 – 8:00pm
Tuesday 10 October		6:00 – 10:00am	10:00am – 2:00pm

### NZIFSA POLICIES CURRENTLY OPEN FOR SUBMISSIONS

The Board is calling for initial submissions on the **Governance and Management Policy and Job Descriptions**, the **CEO Limitations Policy**, the **Health and Safety Policy** and the **Anti-Match Fixing and Sports Betting Policy**. Please refer to the Members Forums on our website <https://nzifsa.org.nz>. Submissions are due by 8 April 2023. The Board will take these submissions into consideration when they review the policy.

### NZIFSA BOARD MEETING

The next meeting of the NZIFSA Board will be held on Tuesday 11 April. If you have any correspondence that you would like the Board to consider, please send it to the General Secretary ([secretary@nzifsa.org.nz](mailto:secretary@nzifsa.org.nz)) by Tuesday 4 April. Any correspondence received after that date will be tabled at the April meeting.

All the best in skating,  
Robyn Morris and Jeanette King  
President and CEO  
NZIFSA